

WOWW

WHITE OWL WING WOMAN CONSULTING & COLLABORATION

Presents

SONG QUEST

WITH

JULIE BLUE

www.julieblue.com

**A two-day exploration of voice, sound
and creativity for everyone**

**Express who you really are -
find YOUR SONG and sing it!**

Imagine yourself in a magnificent natural setting, singing like you've never sung before. Allow the true essence of your soul to come through. Tap into divine creativity and the spirit of the land – you ask for and receive your song!

- **Authentic vocal technique – with ease, grace, and humour, Julie guides you to breathe from your belly and access the power of your voice.**
- **Body Singing – specially designed music tracks move, breathe and sing your body open.**
- **Sound healing – in a safe and sacred space, learn to clear emotion with sound and develop a practice that you can continue on your own.**
- **Personal Anthem – create a personal anthem with Julie's expert guidance and be fully inspired to move forward in your life.**

Designed for speakers, singers, parents, leaders - anyone who "steps up" in work or in life. This experience will get you grounded in body, mind and spirit, and ready to deliver a message that comes straight from your heart.

**'GAIA SHIFTS' Retreat Center, 33 acres
nestled in pristine mountains, 10 mins from Nelson B.C.**

Sat. August 21 & Sun. August 22, 2010

Early Bird - before July 16th \$275.00 after - \$295.00

10:00 am - 6:00 pm and 9:00 am - 5:00 pm

Fees include:

Accommodation in teepee or yurt (bring bedroll)

Saturday - Lunch, snack and dinner

Sunday - Breakfast, lunch and snack

Call Marina 250 352-2468

Email: onfireforwater@gmail.com

"The cedars and stars will sing you to sleep"

"May the circle represent what we cannot do alone...we can do together."