

## Weekend Workshops

### **Songquest – Find your song and sing it.**

Come away to beautiful Xenia Retreat Center on beautiful Bowen Island for a joyous experience of song and sound. Imagine yourself somewhere beautiful in nature with an extraordinary group of people. You are singing like you have never sung before living and expressing who you really are with song and allowing the true essence of your soul to come through. You are tapped in to divine creativity and the spirit of the land – you have asked for and received your song! August 19-21 residential. \$595.

### **Unleash Your Voice!**

For a small group of speakers and presenters. Are you ready to show up with a powerful voice and a passionate presence?

In this fun and transformative weekend training you will:

- Discover how you can be more exciting when you speak and make your words and message come alive
- Discover the fundamentals for powerful and effective breathing
- Learn techniques and practices to maintain a healthy voice and never lose your voice again!
- Connect with your authentic powerful singing and speaking voice

*Includes personal coaching and take away practice tracks.*

Friday October 21st evening to Sunday October 23rd.  
Vancouver location, nonresidential, \$495.

## Julie Blue Singspiration 2011-2012

We invite you to take your next step.  
Empower your voice and uplift your spirit.

**CALL 604-929-3146**  
Register online at [www.julieblue.com](http://www.julieblue.com)

***Come for free and check us out!***

**Singspiration Singers**  
Sept 13th 2011 - June 19th 2012  
Tuesday nights from 7 to 10pm

**Choir Performances:**  
December 10th, 2011  
Saturday June 16th, 2012

**Spring Showcase**  
April 28th, 2012

**Singspiration Membership:**  
\$700.00 (if paid in full by Sept 21st)  
\$760.00 (5 installments)

Mount Seymour United Church  
1200 Parkgate Ave.  
North Vancouver, BC

# Find your voice and shine



## Singspiration Singers

The Singspiration Singers are a creative community of singers of all ages and all levels who come together to connect with the joy and healing power of music. There are no auditions and you don't have to know how to read music. We sing uplifting songs influenced by pop, world, soul and non-denominational gospel music. This choir has 3 main focuses – to become a better singer from whatever level you are at, to make friends and be a part of a dynamic supportive community, and to share our music with the larger community at concerts and benefits.

*“Joining the Singspiration Singers led by Julie Blue was the most profound decision I’ve made in recent years. Julie Blue is a cohesive force of artistic expression and healing energy. Her innate ability to connect music to the human spirit at a very deep level is a unique gift she passionately shares.”* David Ney

**COME JOIN US!**

Complementary Choir Sessions

September 13th & 20th 2011

Mount Seymour United Church  
1200 Parkgate Ave.  
North Vancouver

## Julie Blue Singspiration 2011-2012



## Julie's Journey

Julie Blue founded the Singspiration Creative Empowerment Programs in 1989 and has touched thousands of people through her Healing Sound, Songwriting and Performance courses. Her gift is to facilitate people opening up their voices and hearts, grounding them, and building confidence to become better performers, whether beginners or professionals.

She has composed award winning film scores, wrote musicals for theatre, theme songs for corporations, and has released eight CD's of her own music.

Her truthful, charismatic personality appeals to people of all ages and backgrounds. She possesses the unique ability to cross over many music styles and to customize her music to match the needs and desires of the audiences and communities she serves.



*"I used to believe that I couldn't sing. Effortlessly and joyfully, I found out otherwise. The choir is a weekly lift that was critically important during one of the most challenging times of my life."*

Daniel Sam

*"On one level, Julie Blue is an inspirational and richly talented singer, songwriter and performer with the skills to share those gifts.*

*On another level, Julie is a coach and counsellor with the innate ability to know when to nurture and support, when to challenge and stretch.*

*Deeper still, Julie is a healer who helps liberate her students from creative blockages so they can express their true essence. With Julie Blue, singing, songwriting and performing become tools for transformation."*

David Mandara

*"I love all the pieces – the story telling, the technical advice, the personal support, the singing and the creative exercises. Even with the size of the group I still felt like I got personal attention, support, and help."*

Fran Waters, lawyer

## Singspiration One Day Seminars

### The One Day Seminars

The One Day Seminars provide the opportunity for you to experience your own personal authentic gifts of sound and inspiration; to be reminded that your birth right is to express who you really are with your voice, energy and presence.

By participating in the choir or the seminars or both, you will receive creative empowerment training to move to the next level of your singing, speaking and communicating.

**One Day Seminar - \$175  
(Choir members - \$150)**

**Time: 10:00-5:00**

### The Joy of Singing

Open to your authentic voice and experience the joy of expressing with sound and song. This day will give you permission and the opportunity to ENJOY singing; whatever level you are. This provides a great foundation for those individuals new to singing, performing and presenting. Come enjoy a wonderful 'spa day for the soul' and experience singing for the fun of it.

**Saturday October 1, 2011**

### Healing Sounds

Scientific evidence proves that music can be an important asset in supporting healing. You will learn how to use music, sound and breath for healing in a safe and relaxing environment. Discover how to transform and shift emotions with sound and breath. This seminar is designed to be a healing day for people who would like to have the tools to deal with stress, loss or challenging times.

**Saturday November 5, 2011**

### Step Into Your Confidence

This seminar is designed for speakers, singers, parents, teachers, leaders and anyone who has a desire to 'step up' in work or life. Learn the principles of the 'Authentic Voice Technique' and how to connect with your audience on a deeper level. It will ground you, get you standing up taller, and ready to deliver a message with confidence.

**Saturday December 3, 2011**

### Empower Your Voice

Get ready now for people to hear your voice. This day will take you to your next level while anchoring in the elements of music such as time, pitch, and phrasing. These elements make all the difference in any kind of presentation, be it song, speech or conversation. You will realize how to explore the initial step in choosing songs for you to sing, putting them in your key, and developing a practice to learn them. Learn to use the microphone, how to personalize and stylize your song, and that you have what it takes to get up and perform.

**Saturday February 4, 2012**

### Solo Performance

Have you ever wanted to really 'belt' out a song? This session focuses on the vocal techniques which will allow you to own the songs you sing, to be fully in your body, to understand and increase your vocal range, and to develop the power of the singers hook-up breathing needed to carry the notes which will carry you away in song. Bring out the confident performer in you and take the stage. Become a dynamic and expressive performer. You will have the opportunity to perform and be part of our Spring Showcase performance in May. When you can get up and sing a song, you can do anything!

**Saturday March 12, 2012**

### Solo Performance At The Next Level

Now that you have your song in your key and memorized, learn how to make it your own. Spend the day learning how to fine tune your song. In this seminar we will focus on Stage presence, Microphone Technique, Confidence, and Arrangement. Taking this seminar will give you the opportunity to perform as a part of the Spring Showcase April 30, 2011. Get ready to be a polished performer. Please come with your song memorized.

**Saturday April 16, 2012**

